

2003 MSHSL Section 3A - May 29, 2003

Teams: Montevideo 114, Redwood Valley 89, Luverne 77, Hills Beaver Creek/Ellsworth 59, Fulda 38, Canby/Minneota 37, Jackson County Central 34, RTR-Lake Benton 32, Benson/KMS 30, Southwest MN Christian 25, Murray County Central 22½, Buffalo Lake/BOLD 21, Pipestone 21, LacQuieParleValley/Daws-B 20, Windom 15, Lincoln H I 13, MACCRAY 10, Adrian 8½, Westbrook-WG/Red Rock C 7½, Yellow Medicine East 7, Wabasso 6, Tracy-Milroy-Balaton/Yank 5.5, ENW Learning Center 5, Renville County West 5.

100 Meter Dash

- 1 Aaron Jansen, Montevideo(12) 11.70
- 2 Chris Reid, HillsBeaverCr(12) 11.71
- 3 Mark Kohlhof, Redwood Valley(10) 11.77
- 4 Nick McNabb, Pipestone(12) 12.03
- 5 Josh Rasmussen, RTR Lake Ben(12) 12.07
- 6 Jake Stade, Jackson Co Centr(11) 12.10
- 7 Mike Duncan, Benson/KMS(12) 12.20
- 8 Jeremy Sirovy, Jackson Co Centr(11) 12.23

200 Meter Dash

- 1 Chris Reid, HillsBeaverCr(12) 23.08
- 2 Aaron Jansen, Montevideo(12) 23.28
- 3 Josh Rasmussen, RTR Lake Ben(12) 23.45
- 4 Justin Zajic, CanbyMinneota(12) 23.88
- 5 Jeremy Sirovy, Jackson Co Centr(11) 24.08
- 6 Jake Stade, Jackson Co Centr(11) 24.25
- 7 Berto Espinoza, RenvilleCtyW(10) 24.68
- 8 Scott Jacobson, YellowMedicineE(12) 24.78

400 Meter Dash

- 1 Josh Storm, Murray Co Centr(11) 51.35
- 2 Kaleb Schwendemann, Montevideo(12) 52.12
- 3 Ruston Aaker, Luverne(10) 52.27
- 4 Kyle Knips, Adrian(11) 53.12
- 5 Shawn Liebfried, Lincoln H I(12) 53.50
- 6 Matthew Zupke, BuffaloLk BOLD(12) 53.79
- 7 Shawn Gewerth, Redwood Vall(12) 54.16
- 8 Trevor Steen, MACCRAY(10) 54.22

800 Meter Run

- 1 Tyler Bush, HillsBeavCr(10) 1:59.82
- 2 Shawn Liebfried, Lincoln H I(12) 2:02.86
- 3 Jon Mikkelson, Benson/KMS(11) 2:03.33
- 4 Mike Karsky, Redwood Vall(12) 2:04.65
- 5 Dan Kvaal, LacQPV/DB(11) 2:04.99
- 6 Steve Strom, JacksonCoC(10) 2:05.03
- 7 Kris VanDyke, SW MN Chr(12) 2:05.36
- 8 Kevin Stengel, YellowMed(12) 2:05.43

1600 Meter Run

- 1 Greg Liebel, Montevideo(12) 4:31.50
- 2 Chad Janiszski, Canby-M(12) 4:36.07
- 3 Scott Goebel, Luverne(10) 4:44.08
- 4 Lewis Peters, ENW Learn(11) 4:48.22
- 5 Steve Strom, JacksonCoC(10) 4:49.02
- 6 Mike Nagorske, Windom(9) 4:51.12
- 7 Ande Schlim, Pipestone(11) 4:54.02
- 8 Tyler Hinrichs, MACCRAY(10) 4:56.92

3200 Meter Run

- 1 Greg Liebel, Montevideo(12) 9:53.05
- 2 Chad Janiszski, Canby-M(12) 9:56.92
- 3 Jeff Stuckenbroker, Windom(11) 10:05.00
- 4 Micah Lorenzen, Pipestone(11) 10:29.15
- 5 Tyler Hinrichs, MACCRAY(10) 10:45.86

- 6 Leighton Russ, Montevideo(11) 10:49.17
- 7 Nick Otten, Luverne(10) 10:56.54
- 8 Jason DeRuyter, SW MN Chr(11) 11:09.09

High Hurdles

- 1 Marcus Walgrave, Luverne(12) 15.41
- 2 Zach Anspach, Montevideo(11) 15.81
- 3 Tom Ellingworth, Redwood Vall(12) 16.04
- 4 Trevor Wittwer, Redwood Vall(11) 16.34
- 5 Joey Fragodt, Benson/KMS(9) 16.81
- 6 Daniel Lund, Fulda(10) 16.85
- 7 Trevor Steen, MACCRAY(10) 16.88
- 8 Jared Brake, Adrian(12) 17.30

Intermediate Hurdles

- 1 Tom Ellingworth, Redwood Vall(12) 39.60
- 2 Marcus Walgrave, Luverne(12) 39.62
- 3 Tony Hartman, Wabasso(12) 42.27
- 4 Daniel Lund, Fulda(10) 43.18
- 5 Tim Kooiman, SW MN Chr(11) 43.27
- 6 Zach Anspach, Montevideo(11) 43.47
- 7 Joey Fragodt, Benson/KMS(9) 43.71
- 8 Trevor Wittwer, Redwood Vall(11) 43.74

4x100 Relay

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|----------------------|---------------------|
| 1 Redwood Vall 43.67 | 5 Pipestone 46.04 |
| 2 Benson/KMS 45.00 | 6 Fulda 46.20 |
| 3 JacksonCtyC 45.54 | 7 MurrayCtyC 46.27 |
| 4 Luverne 45.57 | 8 SW MN Chris 46.51 |

4x200 Relay

- | | |
|------------------------|-----------------------|
| 1 Redwood Vall 1:32.52 | 5 Montevideo 1:35.59 |
| 2 Luverne 1:33.54 | 6 SW MN Chris 1:37.26 |
| 3 Benson/KMS 1:34.39 | 7 MACCRAY 1:37.96 |
| 4 Fulda 1:35.49 | 8 LacQPV/DB 1:38.39 |

4x400 Relay

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|-----------------------|------------------------|
| 1 Montevideo 3:30.87 | 5 RedwoodVall 3:37.17 |
| 2 HillBeavCr 3:31.80 | 6 Fulda 3:37.18 |
| 3 SW MN Chris 3:33.21 | 7 Benson/KMS 3:38.14 |
| 4 Luverne 3:35.74 | 8 Yellow Med E 3:38.15 |

4x800 Relay

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|------------------------|------------------------|
| 1 HillBeavCr 8:23.66 | 5 LacQPV/DB 8:57.10 |
| 2 SW MN Chris 8:23.76 | 6 Luverne 9:01.19 |
| 3 WstbrWGrRedR 8:48.55 | 7 Montevideo 9:03.10 |
| 4 Fulda 8:55.56 | 8 Yellow Med E 9:05.70 |

Shot Put

- 1 Adam Dolen, Montevideo(12) 51-5 ¼
- 2 Jon Kubat, LacQPV/DB(12) 50-4 ¾
- 3 Trevor Baloun, Windom(9) 49-3 ¼
- 4 Ben Pecholt, MurrayCtyC(12) 47-9
- 5 Curt Schilling, HillsBeavCr(11) 47-0
- 6 Dustin Henkelman, LacQPV/DB(12) 46-6 ¾
- 7 Tim Ruby, JacksonCoC(10) 45-8 ¼

- 8 Andy Isder, Fulda(12) 45-1

Discus Throw

- 1 Tom Bruns, Redwood Vall(12) 140-8
- 2 Tim Ruby, JacksonCoC(10) 139-11
- 3 David Lund, Fulda(12) 138-8
- 4 Tom Bergman, Fulda(12) 137-9
- 5 Adam Dolen, Montevideo(12) 129-6
- 6 Dusty Wersal, RenvilleCtyW(10) 129-2
- 7 Jeremy Soupir, Redwood Vall(11) 128-11
- 8 Andy Goulson, Montevideo(11) 126-7

Long Jump

- 1 Tom Ellingworth, Redwood Vall(12) 21-5 ¾
- 2 Josh Rasmussen, RTR Lake Ben(12) 21-3 ¾
- 3 Chris Reid, HillsBeaverCr(12) 21-2 ¼
- 4 Nick McNabb, Pipestone(12) 21-1 ½
- 5 Aaron Jansen, Montevideo(12) 20-9 ½
- 6 Justin Zajic, CanbyMinneota(12) 20-7 ½
- 7 Zach Bothun, Montevideo(9) 20-4
- 8 Jared Brake, Adrian(12) 20-0 ¾

Triple Jump

- 1 Josh Rasmussen, RTR Lake Ben(12) 43-0
- 2 Kevin Peterson, CanbyMinneota(11) 42-2
- 3 Justin VanWhyte, Luverne(11) 41-8
- 4 Trevor Wittwer, Redwood Vall(11) 41-1 ½
- 5 Joel Wiering, RTR LkBent(11) 40-8 ¾
- 6 Beau Shafer, Yellow Med E(11) 40-5 ½
- 7 Kaleb Schwendemann, Montevideo(12) 40-4 ½
- 8 Ross Blomme, Montevideo(11) 39-10 ½

High Jump

- 1 Tyler Elbers, Luverne(11) 6-3
- 2 Jason Sibert, Montevideo(12) 6-1
- 3 Zach Bothun, Montevideo(9) 6-1
- 4 Justin Zajic, CanbyMinneota(12) 5-11
- 5 Andrew Hulstein, Luverne(12) 5-11
- 6 Cody Scholten, HillsBeaverCr(10) 5-11
- 7 Mark Engen, WestbrWGrRdR(10) 5-9
- 7 David Brake, Adrian(11) 5-9

Pole Vault

- 1 Matthew Jahnke, Buff Lk BOLD(12) 12-6
- 2 Brian Pielig, Buff Lk BOLD(12) 12-0
- 3 Josh Rehneit, MurrayCtyC(10) 11-6
- 3 Dan Tutt, TracMilBalYan(10) 11-6
- 5 Timothy Rust, Luverne(11) 11-6
- 6 Shawn Gewerth, RedwoodVall(12) 11-0
- 7 Neil Isder, Fulda(12) 10-6
- 8 Josh Paluch, Lincoln H I(11) 10-6

Notes: